



ADVENTURE TRAVEL

CHECK LIST



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PACKS AND BAGS

- Travel pack
- Duffel bag or soft-sided suitcase
- Fanny pack (or small daypack or waist pouch)
- Luggage tags (2 per bag)
- Dry bag (for wet clothes)
- Neck pouch for passport or small items
- Camera bags
- Money belt
- Extra nylon stuff sacks

CLOTHING (MEN'S/WOMEN'S/KIDS')

- A few articles of lightweight, easily washable clothing for city wear
- Waterproof/breathable jacket or anorak with hood
- Quick-drying pants/shorts
- Short-sleeve shirt
- Long-sleeve shirt
- Quick-drying swimsuit
- Sun hat (with brim)
- Bandana
- Quick-dry socks
- Walking shoes or touring sandals

OFFICIAL PAPERS

- Valid passport
- Airline ticket
- Money
- Travelers' cheques
- Photo ID

TRAVEL GEAR

- Travel alarm clock
- Calculator
- Water bottles
- Eyeshades for sleeping
- Book
- Moist towelettes
- Kleenex
- Quick-drying towel
- Camera with extra batteries, lots of film
- Travel games
- Headlamp or flashlight with extra batteries and bulbs
- Snacks
- First-aid kit
- Pocket knife or multi-tool
- Sunglasses with retainer; sunscreen
- Binoculars
- Field guides
- Notebook and pencil
- Lip balm
- Insect repellent/netting garments
- Toothbrush and toothpaste
- Brush/comb
- Other personal toiletries
- Hiking poles